

Steady on the Path - Spring 2026

Description of Activities

Early Morning

4:30 am (and at other times, later in the day)

Prayers of Islam with Rahimah Sweeney - the traditional five times prayers of Islam. They are open to all, whether you would like to experience them or are a regular practitioner. We are doing the travel version, which combine the daytime and evening prayers. There will be plenty of explanation. The afternoon prayers are done in silence. If you would like to experience the words of the prayers, you may want to join the Pre-dawn prayers (Fajr) or the Evening Prayers (Maghreb and Isha). (Prayer/tea room; daily - 4:30, and at other times - see schedule.)

7:00 am

Daybreak Circle (morning practice) with Forrest Pierce - What a blessing to practice together. We'll take refuge in the *Rabbil Falaq*—the Caretaker of daybreak—with prayer, breath, poetry, meditation and music from the teaching of Sufi Inayat Khan and Sufi Ahmed Murad Chisti, and their teachers.- **(Zikr Hall; daily - 7:00)**

Qi Gong Sufi Style with Habiba Dollard - The practice of working with breath and movement to balance and align energy, enhanced by the prayers of Hazrat Inayat Khan. All levels of ability are welcome. **(Shuffleboard court; daily- 7:00)**

Traditional Purification Ceremony at the Lake with Hamza Roessler and Shira Bartelette - The sweat lodges at camp take this sacred ancient Native American practice and combine it with heartfelt songs and prayers. We invite all to wear a swimsuit, bring a towel and an open heart, and come sing and pray with us. Our sweat schedule will be Thursday and Friday evening for all, and the women's sweat Sunday morning, weather permitting. **(Next to the Lake. Thursday and Friday evening at 10:30 pm, women's sweat on Sunday morning at 7:00 am.)**

8:00 am - Breakfast!
Breakfast in the Dining Hall

8:15-9:15 am

Dreamwork Class - under the Zikr Hall *with Shannon Chanda Gorres* - Bring your breakfast to the Zikr Hall Basement if you want to participate in this class!

Hazrat Inayat Khan explained 4 kinds of dreams. Two (symbolical and spiritual) can be discerned through Jungian style dreamwork. We'll process one of the group's dreams each day. Bring your breakfast and the title of your dream written on a piece of paper. See how to remember and interpret dreams on the dining hall info sheet.

Morning Sessions

9:15 am

All Camp Class - Dances of Universal Peace and More *with invited guest teacher Shivadam Burke, and our local DUP leaders* - We all come together to begin the day with the traditional dance and send-off of the children to kid's camp, followed by more dances and teachings from our wonderful guest teachers, as we practice to be Steady on the Path in our lives.

(Zikr hall, every morning - 9:15am)

Service of Universal Peace *with Hasan Raven Wolf & friends* - a less formal version of the traditional Universal Worship Service which was created by Hazrat Pir-o-Murshid Inayat Khan over 100 years ago to promote a deeper understanding and appreciation of the diverse religious traditions of the world, both externally in the beauty of their distinctions and differences, and internally in the transformative and healing power of their inner Unity in the One Source.

(Zikr hall, Part of All Camp Class on Sunday morning)

12:00 Noon - Lunch!

Afternoon Sessions

1:15 - 2:00 pm

First Timer's Class with *Malika Lyon* - If this is your first time at Ozark Sufi Camp, or at any Sufi event whatsoever, this class is for you. Let's meet each other, talk about the history and meaning of this gathering and these practices, and address any questions you may be having. **(Pop-Up by Cabin #1; Friday - 1:15)**

1:15 - 2:30 pm

DHO Healing Service with *Hassan Raven Wolf* - Attunement practices and absent Healing Service, for family and friends. **(Healing Temple; Daily, Fri-Mon - 1:15)**

2:00 pm

Kirtan, Bhakti Yoga - with *the Ozark Sufi Camp Kirtan Collective* - Kirtan is the practice of devotional chanting of various names of the Divine & phrases from ancient Sanskrit texts. They are sacred sound formulas that bring us to a place inside of us that is love, pure being, pure awareness, pure joy. Participants may come and go at any time. **(Zikr Hall; Daily - 2:00)**

The Way of Tea with *Buraq Olson and Nur Alia Pfeiffer* - A session of traditional Japanese tea: "We share tea in the moment. We share space and honor Presence. We leave our barriers at the door and respect the present moment as One." Guests may enter quietly at any time during this ongoing, informal tea ceremony. **(Prayer/Tea Room; Daily - 2:00)**

Grief Ritual with *Nouri Qalbi and Nur Jehan* - Join us in reverence as we come together to hold a healing space for our selves and each other, tending the losses and grief we have been carrying within our lives and our world.

We will share chants & prayers and release our grief with tender care, in community. This ritual will be simple and gently guided by Nouri Qalbi and Nur Jehan. Please bring a rock to represent your grief (or choose from extra rocks we will bring). All will be blessed by Ozark lake water.

There will also be an altar to honor our grief; so feel free to bring photos of loved ones or other losses you've been grieving for the altar.

(Meet by the **mulberry tree** in front of the Dining Hall, we will walk down to the **amphitheater; Saturday only - 2:00**)

Sound Healing with Doug Powell - the intention is to create a space “out of time” where attendees can relax and float in the frequencies of many different instruments. While everyone experiences the sound differently, many people report back a physical or emotional healing; while others describe the journey as slightly hypnotic. Edgar Cayce famously said that sound and vibration would be our medicine of the future.

(Zikr hall; Monday only - 2:00)

3:00 pm

Together on the Path of Love with *Forrest Pierce* - How can words explain Love and its path? Most of our teachers agree that they can't, but that's never stopped us, yet! Enlisting poetry, song, zikr, breath, concentration, and teachings from Inayat Khan, Rabi'a, Rumi, and other ancestors, we'll share some time tasting this Crazy Little Thing that may be the Only Thing there is. What will (or won't) we say? Don't know, but we'll do it the old fashioned way, by doing the don't-knowing together. **(Zikr Hall; daily, Fri-Mon - 3:00)**

Sharing Presence with *Marty Kraft* - Entering Rumi's field of vibration together, you sense you are not alone, recognizing what is already, always present, waiting for us. Then allow the promptings from presence to guide the group. Presence, a doorway to deeper knowing. **(Pop-up by the pump house; Daily, Fri-Mon - 3:00)**

Ayesha, Zaynab and Aziza: Writing Down the Bones: Inspired by Natalie Goldberg's *Writing Down the Bones*, participants will use extemporaneous prompts from bits of poetry to express themselves through written (scribbled) words. Pen and paper provided.

(Table by the Dining Hall; Daily, Fri-Mon - 3:00)

4:00 pm

The Teachers of Murshid Samuel Lewis with *Allaudin Ottinger* - In this class we'll attune to a few of the teachers from different Wisdom streams that SAM experienced in his life. This passes on through to those of gathering in this attunement with SAM. We'll look at the Sufi, Hindu and Buddhist forms especially. We'll taste together via Sound, Movement, Silence, Linage Teachings and Sohbet (Conversation of a Spiritual nature) "By being spiritual, Samuel Lewis expanded the range of being human; and by being human he deepened the meaning of being spiritual." Pir Moineddin Jablonski
(Zikr Hall; Daily, Fri-Mon - 4:00)

Ramabai and Aziza - Group Soulwork: Inspired by Pir Moineddin and Murshid Mariam Baker, this practice helps human beings fully embody their soul's unique purpose in this lifetime. Through guided imagery, participants gain greater presence and spiritual embodiment, resulting in psychological and spiritual healing and integration.
(Healing Temple; Saturday - 4:00)

Meditating with the Radiance Sutras with Lezlie Ward - We will explore this ancient yoga text together; like Sufi Sam did with his Zen teacher, Nyogan Senzaki. Zaynab Lezlie Ward is a senior teacher in the Radiance Sutras school of meditation and loves sharing these techniques with all who are interested. **(Under the Zikr Hall; Fri & Sun - 4:00)**

5:00 pm

Secrets of Enduring in Love with *Firdousi Wyrick* - My secrets of enduring love class will teach methods of going from disciplined rhythmic practice (the small boat in Buddhism) to formless practice of open eyes samadhi as in Mushahida, Mujahida and awakening the third eye or Bashira, Kashf and Qawwiah.. **(Amphitheater; Daily, Fri-Mon - 5:00)**

Dance Leading Practice for Mentored Leaders-in-Training with *Malika Lyon & friends* - To experience dance leading in a safe and supportive circle with musicians, please come with a clear idea of a dance you'd like to lead. You should already know the chords and movements. Dance leaders will receive loving feedback and suggestions. Anyone is welcome to come and dance with us. We need dancers! We will also touch on some best practices in dance leading. **(Zikr Hall; Friday - 5:00)**

Exploring the Turn with Habiba Dollard - An exploration of the deep prayer of the turn of the Whirling Dervish. This class will explore the traditional Mevlevi style of turning and introduce the Elemental and Planetary turning practices of Murshid Samuel Lewis.
(Zikr Hall; Saturday - 5:00)

6:00 pm - DINNER!

In the Dining Hall - Friday & Sunday

Dinner with Dinner Theater *organized by Nouri Qalbi Carolyn Mathews* - On two evenings, we bring our supper to the amphitheater (weather permitting) to watch all sorts of performances by our fellow campers - musical instruments, singing, comedy, and so on. Sign-up sheets will be available, if you want to perform.
(Amphitheater; Saturday & Monday, weather permitting.)

Early Evening Programs

7:30 - 7:55

Shabbat with NurAna Wilenski and Hakam Liechty - Through Sufi eyes, Judaism is a religion of universal peace, service and compassion, and Sabbath is the concrete symbol of gratitude for the life we have been given. This universal message of love and peace has been hard to hear lately, as so many Jewish voices have been co-opted by Israeli political nationalism. We invite all who will to come together, with NurAna & Hakam and Kid's Camp for an abbreviated Sabbath ritual in the spirit of true Jewish love and devotion to the One. **(Zikr hall; Friday)**

Children's Parade and Play - MICROBES + QUORUM SENSING* =LIFE!

Welcome to the KIDSCAMP play! You know what to do! Microbe Marty, Joann, Nur Jehan, Kristin, Bekah, Rena, all kids, all teens, all the rest of us, will be doing what the microbes do: communicating, cooperating and helping! We will all be making things, playing with giant puppets, singing, playing music, and telling stories about the fabulous invisible lives of microbes and how they create the world in the way humans could and should all be operating. LET'S PLAY!! (And form a quorum!!) Yes, we touched on this subject last time, lets go DEEPER! **(Zikr hall; Sunday)**

***Quorum Sensing - What it is and why you should know about it.**

When microbes sense a need in their environment, they begin to send messages out into the space. When they sense enough of these messages to cooperate and work together, that's a **quorum**.

This "listening" to each other, then cooperating to bring about a good change has been going on for about 3.5 billion years. That means that they used some sort of intelligence to build all the ecosystems that we enjoy today, including you and me.

That's amazing but why is that important?

It is **important** because it replaces the **myth** that it was the **survival of the fittest** that built everything in life. Instead it was more the **survival of the cooperative** that is responsible for our survival. Survival of the fittest was a misquoting of Darwin's work to serve those who didn't want us to cooperate together. According to a biology professor in a class in 1961 Darwin favored the survival of the fit. **This interpretation severely challenges those who benefitted from people competing against each other.**

Nightly Programs

8:00 - 10:00 pm

Dances of Universal Peace and Zikr sessions *with Yasmin Haut, Shivadam, Allaudin, Firdousi, Forrest, Malika, Nur Jehan, and many other Beloveds, with support from our magnificent musicians' circle* - During these evening gatherings, we experience the deepest and most powerful practices of our time together, as we move, breathe, and sing together...in the One. **(Zikr hall, Every Night)**

10:30 pm

Traditional Purification Ceremony at the Lake *with Hamza Roessler and Shira Bartelette* - The **sweat lodges** at camp take this sacred ancient Native American practice and combine it with heartfelt songs and prayers. We invite all to wear a swimsuit, bring a towel and an open heart, and come sing and pray with us. Our sweat schedule will be Thursday and Friday evening for all, and the women's sweat Sunday morning, weather permitting.

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Community Bonfire at the Lake with our Beloveds!

- the sweat lodge crew are paying for the wood this year, and offering to sponsor a bonfire at the lake on our last night together, Monday night, after the evening program. Bring instruments, singing voices, and water!

(Monday night, after the program, down by the Lake!)